

## Community Provider List for Counseling/Support Services:

<p><b>Aspiranet: (209) 576-1750 (Modesto); (209) 669-2583 (Turlock)</b>            Individual, group and family counseling. Culturally sensitive staff available who speak English and Spanish. FEE: Medi-Cal insurance only.  <b>Modesto Location:</b> 1620 Cummins Dr. Modesto, CA 95358-6400 <b>Turlock Location:</b> 420 E. Canal Dr. Turlock, Ca 95380</p>
<p><b>The Bridge: (209) 571-8430</b> Interpreter Services: <b>(209) 571-0349</b> Interpretation and translation (Cambodian, Hmong, and Laotian); referral services; cultural liaison for clients with public/private agencies; ESL class; youth activities and tutoring. FEES: None. <b>Location:</b> 605 Chicago Ave. Modesto, Ca 95351 Business hours: M-F 8am-5pm</p>
<p><b>Children's Crisis Center: (209) 577-0138; (209) 577-4413</b> Parenting classes, advocacy program, 24-hour crisis line, emergency child care. Fee: Free to qualifying families. <b>Location:</b> 1244 Fiori Ave. Modesto, Ca 95350</p>
<p><b>Community Hospice: (209) 578-6300</b> Support groups for people grieving loss of a parent, child, sibling, friend or significant other. Culturally competent bilingual staff available. FEES: None. <b>Location:</b> 4368 Spyres Way Modesto, Ca 95356            Business hours: M-F 8am-5pm.</p>
<p><b>El Concilio: (209) 523-2860</b> Counseling, referrals and education. Free ESL/citizenship classes, immigration, first time home buying/ financial literacy, assistance, support groups, counseling/referrals, health and parent education.  <b>Location:</b> 1314 H Street Modesto, Ca 95354 Business hours: M-F 8am-5pm.</p>
<p><b>Family Resource Centers:</b> Resource centers provide a wide range of services from support (clothes closets and food) to mental health counseling. Based on the location of your current residence, call the nearest center for assistance or any center for more information. Parent Resource Center: <b>(209) 549-8193</b> Family Support Network: <b>(209) 847-5121</b> Sierra Vista N. Modesto: <b>(209) 338-0279</b>            Sierra Vista Family Resource Drop-In Center: <b>(209) 492-9785</b> West Modesto: <b>(209) 522-6902</b>            Grayson/Westley Family Resource Center: <b>(209) 894-3188</b> Oakdale FRC &amp; Counseling Center: <b>(209) 847-0420</b>            Turlock Family Resource Center: <b>(209) 668-6118</b> Casa Del Rio-Riverbank: <b>(209) 869-0468</b> Hughson Family Resource Center: <b>(209) 883-2027</b></p>
<p><b>Haven Women's Center: (209)524-4331; 24-hour domestic violence/ rape crisis line: (209) 577-5980 or 1-888-454-2836</b>            Education/ emotional support groups, individual counseling, rape crisis intervention help, domestic violence, restraining orders, battered women's shelters. Youth groups for children and teens impacted by DV or sexual abuse.FEES: Free support groups; no fee for any services.  <b>Location:</b> 618 13th St. Suite I Modesto, Ca 95354 Business hours: M-F 8:30am – 4:30 pm            2nd Location: 301 Starr Ave., Turlock, CA 95380, (209) 644-9131</p>
<p><b>Health Net (MHN): Phone: (888) 426-0030, Fax: (855) 703-3268:</b> For Medi-Cal consumers who have been determined to meet criteria for mild to moderate mental health services. Contact the number for referrals and further information.</p>
<p><b>Health Plan of San Joaquin (Beacon): Phone: (888)-581-7526, Fax: (866) 422-3413:</b> For Medi-Cal consumers who have been determined to meet criteria for mild to moderate mental health services. Contact the number for referrals and further information.</p>
<p><b>Jessica's House: (209) 250-5395 <a href="http://jessicashouse.org">http://jessicashouse.org</a> :</b> Grief support for children, teens, and families. Location: 741 East Main St., Turlock, CA 95380</p>
<p><b>Josie's Place Drop-In Center: (209) 558-4464</b> Provides a safe environment for 16-25 year olds with serious emotional disturbance or mental illness. Employment and housing resources, access to computers, games, billiards, organized activities. FEES: None. <b>Location:</b> 1208 9th St. Modesto, Ca 95354 Business hours: M-Th 9am-6pm , Fri 9am-6pm and Sat 10am-4pm.</p>
<p><b>Parents, Families, and Friends of Lesbians and Gays (PFLAG): (209) 566-2468 (answering machine)</b> A supportive group that believes in the dignity and worth of all individuals. Confidential emotional support, education, and opportunities for advocacy. Meets first and third Tuesdays 7-9pm. <b>Location:</b> Emanuel Lutheran Church 324 College Ave. Modesto, Ca 95350</p>
<p><b>Parents United: (209) 524-4858</b> One-on-one counseling for adults molested as children and adult offenders; groups for children. FEES: Medi-Cal, Private Insurance, Victim Witness. Free for uninsured Stanislaus County residents  <b>Location:</b> 610 14th St. Modesto, Ca 95354 Business hours: M-W 8:30am-6pm ; Thu 8:30am- 5pm; Fri 8:30am-1pm.</p>
<p><b>Sierra Vista Child and Family Services: (209) 550-5869 (children); (209) 524-6371 (adults)</b> Variety of child, adult and family services including individual/family and divorce counseling, court ordered counseling, parent education, anger management, domestic violence programs. FEES: Sliding scale, private insurance, Medi-Cal, no-fee parenting classes. <b>Location:</b> (adults) 1030 15th St. Modesto, Ca 95354 <b>Location:</b> (children) 1400 K St., Ste. B Modesto, Ca 95354 Business hours: M-F 8am-5pm.</p>
<p><b>Valley Mountain Regional Center (VMRC): (209) 529-2626</b> Service for children and adults with developmental disabilities in San Joaquin, Stanislaus, Amador, Calaveras and Tuolumne counties. Free diagnostic and assessment services are available to any person suspected of having a developmental disability, such as intellectual disability, cerebral palsy, epilepsy, or autism.</p>