

**Personal Profile for (LOR) Letter of Recommendation**

Student Name: \_\_\_\_\_

ID#: \_\_\_\_\_

Date: \_\_\_\_\_

Intended College Major: \_\_\_\_\_

Career Goal: \_\_\_\_\_

Schools I am applying to that require LOR:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

Application Deadline:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

1. What are your academic goals & career interests?
  
  
  
  
  
  
  
2. List three adjectives that describe you & give an example explaining at least ONE.
  
  
  
  
  
  
  
3. Explain any experiences that have profoundly affected your life.
  
  
  
  
  
  
  
4. What are personal strengths & qualities that make you stand out from the crowd?
  
  
  
  
  
  
  
5. What are your academic strengths?(Writing, research, problem solving, etc.)

6. If applicable, discuss any extreme hardship situation, special circumstance, or unusual event that has effected your high school achievement.
  
7. List your work experience (paid or volunteer).
  
8. What do you consider your most outstanding accomplishment during that past three years? Explain why?
  
9. Is there something special or unique about you that you would like to be mentioned in your LOR? Please explain.
  
10. In the space below, indicate your extracurricular activities (athletics, clubs, community service, etc.), check the years of involvement, note and any awards/honors, leadership positions, etc.\*

Extracurricular Activity	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	Leadership, Honors, Awards, etc.

\*In the space below, please feel free to comment on any of the activities listed above: