

# OFFICIAL CIF START DATES FOR HIGH SCHOOL ATHLETICS

## **FALL SPORTS**

FOOTBALL	July 23, 2018
VOLLEYBALL	July 30,2018
CROSSCOUNTRY	July 30,2018
GIRLS GOLF	July 30,2018
GIRLS TENNIS	July 30,2018
WATERPOLO	August 13, 2018

## **WINTER SPORTS**

BASKETBALL	October 29, 2018
SOCCER	October 29, 2018
WRESTLING	October 29, 2018

## **SPRING SPORTS**

BASEBALL	February 4, 2019*
SOFTBALL	February 4, 2019*
*(Pitcher and Catcher workouts begin January 28, 2019)	
BOYS GOLF	February 4, 2019
BOYS TENNIS	February 4, 2019
SWIMMING	February 4, 2019
TRACK AND FIELD	February 4, 2019