

# 2019 Downey Lady Knights

## VOLLEYBALL

### *Important Dates*

- AAU STARTS 6/3 TDHS BIG GYM @ 9:00 AM
- ALL SPORTS ATHLETE REGISTRATION AND CLEARANCE INFO NIGHT TDHS AUDITORIUM -TBA
- PHYSICALS 6/20 DAVIS HIGH SCHOOL @ 10:30AM  
(NEED SCHOOL PHYSICAL FORM)

### **SUMMER AAU ELIGIBILITY REQUIREMENTS**

MUST HAVE AN AAU CARD BY 6/3

PLEASE PRINT OR EMAIL CARD TO COACH VERMILLION  
SIGN UP @

[HTTPS://PLAY.AAUSPORTS.ORG/JOINAAU/MEMBERSHIPAPPLICATION](https://play.aausports.org/joinAAU/membershipapplication)

AAU CLUB CODE: WY9BAA

ANY QUESTIONS? CONTACT:

COACH TERA VERMILLION



VERMILLION.T@MONET.K12.CA.US



@THOMAS DOWNEY KNIGHTS VOLLEYBALL

# TDHS VOLLEYBALL

## Summer Break Calendar

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 2</b>	3 Conditioning/Training 9-11 am @ TDHS	4 Conditioning/Training 9-11 am @ TDHS	5 Conditioning/Training 9-11 am @ TDHS	6 Conditioning/Training 9-11 am @ TDHS	7	8
9	10 Conditioning/Training 9-11 am @ TDHS	11 Conditioning/Training 9-11 am @ TDHS	12 Conditioning/Training 9-11 am @ TDHS	13 Conditioning/Training 9-11 am @ TDHS	14	15
16	17 Conditioning/Training 9-11 am @ TDHS	18 Conditioning/Training 9-11 am @ TDHS ALL SPORTS REGISTRATION NIGHT 6pm Downey Auditorium	19 Conditioning/Training 9-11 am @ TDHS	20 Conditioning/Training 9-11 am @ TD & PHYSICALS @ DAVIS HIGH SCHOOL	21	22
23	24 Conditioning/Training 9-11 am @ TDHS	25 Conditioning/Training 9-11 am @ TDHS	26 Conditioning/Training 9-11 am @ TDHS	27 Conditioning/Training 9-11 am @ TDHS	28	29
30	<b>July 1</b>	2	3	4	5	6
7	8 Conditioning/Training 9-11 am @ TDHS	9 Conditioning/Training 9-11 am @ TDHS	10 Conditioning/Training 9-11 am @ TDHS	11 Conditioning/Training 9-11 am @ TDHS	12	13
14	15 DEAD PERIOD - GYM CLOSED	16 DEAD PERIOD - GYM CLOSED	17 DEAD PERIOD - GYM CLOSED	18 DEAD PERIOD - GYM CLOSED	19 DEAD PERIOD - GYM CLOSED	20
21	22 DEAD PERIOD - GYM CLOSED	23 DEAD PERIOD - GYM CLOSED	24 DEAD PERIOD - GYM CLOSED	25 DEAD PERIOD - GYM CLOSED	26 DEAD PERIOD - GYM CLOSED	27
28	29 DEAD PERIOD - GYM CLOSED	30 DEAD PERIOD - GYM CLOSED	31 DEAD PERIOD - GYM CLOSED	<b>August 1 DEAD PERIOD - GYM CLOSED</b>	2 DEAD PERIOD - GYM CLOSED	3
4	5 VARSITY TRYOUTS	6 VARSITY TRYOUTS	7 VARSITY PRACTICE	8 VARSITY PRACTICE	9 VARSITY PRACTICE	10
11	12 First Day of School FROSH & JV TRYOUTS VARSITY PRACTICE	13 FROSH & JV TRYOUTS VARSITY PRACTICE	14 FROSH & JV TRYOUTS VARSITY PRACTICE	15 FROSH, JV, VARSITY PRACTICE	16 Scrimmage @ Davis	17
18	19 FROSH, JV, VARSITY PRACTICE	20 Scrimmage vs. JOHO	21 FROSH, JV, VARSITY PRACTICE	22 FROSH, JV, VARSITY PRACTICE	23 FROSH, JV, VARSITY PRACTICE	24
25	26 Foundation Game @ Beyer	27 Game @ Ceres	28 FROSH, JV, VARSITY PRACTICE	29 FROSH & JV PRACTICE - VARSITY TRAVEL DAY	30 Varsity High Sierra Tournament	31 Varsity High Sierra Tournament
<b>September 1</b>	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21